

Good night for running, about 23°, not too windy, & bit of Westerly

Weather Conditions

Date: 24/3/11

Southside Masters Inc

Short Track 1 mile

Long Track 3K

Short Track 1 mile							Long Track 3K						
Name	Actual Time	H'cap	Nett Time	Place	Poi nts		Name	Actual Time	H'cap	Nett Time	Place	Poi nts	
1 B Plummer	6:02	1:20	4:22	7	5	1	D Sullivan	10:09	2:09	8:00	6	21	
2 D Sullivan	6:09	2:02	4:07	6	6	2	G Gielissen	10:12	2:18	7:54	4	23	
3 C Breen	6:21	2:21	4:00	4	8	3	N Breen	10:37	2:24	8:13	10	17	
4 B Simpson	6:30	2:32	3:58	2	9	4	P Ray	10:38	2:26	8:12	9	18	
5 Mathew Simpson	7:14	3:16	3:58	2	9	5	Alex Frame	10:58	-	10:58	22	5	
6 J Dawlings	7:15	3:11	4:04	5	7	6	B Plummer	11:14	1:57	9:17	21	6	
7 G Darby	7:42	2:56	4:46	8	4	7	B Darby	11:18	3:37	7:41	2	27	
8 Mark Simpson	7:49	2:35	5:14	9	3	8	J Shaw	11:23	2:58	8:25	11	16	
9 L Farley	7:51	4:06	3:45	1	12	9	G Dewhurst	11:33	3:49	7:44	3	25	
10 Jack Headley	10:16	-	10:16	10	2	10	Keegan Mason	11:47	4:35	7:12	1	29	
11							11 Jae Withers	11:58	3:59	7:59	5	22	
12							12 Mel Headley	12:09	-	12:09	23	4	
13							13 C Wiley	12:42	4:08	8:34	16	11	
14							14 D Wendt	12:56	4:23	8:33	15	12	
15							15 Goonie	13:27	4:19	9:08	19	8	
16							16 D Allen	14:05	5:15	8:50	17	10	
17							17 J Irvine	14:08	5:29	8:09	7	20	
18							18 R Morris	14:46	6:34	8:10	8	19	
19							19 R Toole	14:45	5:29	9:16	20	7	
20							20 Gavin Carbone	14:47	6:15	8:32	14	13	
21							21 L Markham	15:26	6:33	8:53	18	9	
22							22 L Farley	16:06	7:37	8:29	13	14	
23							23 Vivienne Darby	16:36	-	16:36	24	3	
Road Race 7.5K													
24 John Dawlings	35:19	14:04	21:15	5	8	24	Tricia Simpson	16:41	8:15	8:26	12	15	
28 Tim Yates	35:20	10:34	24:46	11	2	25	Angie Farrell	17:08	-	17:08	25	2	
26 Bob Simpson	35:51	15:27	20:24	3	10	26							
27 J Vella	36:53	17:27	19:26	2	12	27							
28 B Fickel	37:01	14:38	22:23	7	6	28							
29 J Cosa Ho	39:34	16:48	22:46	8	5	29							
30 M Roberts Inc	43:52	21:47	22:05	6	7	30							
31 D Burns	45:19	20:37	24:42	10	3	31							
32 C Plummer	45:31	26:54	18:37	1	14	32	Walkers 3K						
33 M Mc Guirk	45:55	24:43	21:12	4	9	33	C Russ	19:25	8:51	10:34	2	9	
34 T Hill	47:48	23:19	24:29	9	4	34	G Darby	19:25	8:18	11:07	3	8	
35						29	O Millridge	21:00	8:35	12:25	7	4	
36						30	M Mc Guirk	23:32	11:29	12:03	6	5	
37						31	36 Anna Argall	23:49	12:24	11:25	4	7	
38						32	M Izard	24:52	-	24:52	9	2	
39						33	38 A Argall	25:52	13:55	11:57	5	6	
							39 H Simon	28:17	15:02	13:15	8	3	

3rd

34 D Wiley 29:27 19:24 10:03 1 11